

Hartford Guitar Studio Alexander Technique Day!



Saturday, November 9
Beginning at 12:00pm
155 Wyllys St. Hartford
Call to sign up for a time!

Are your daily activities taking a toll in your body? Want to get rid of harmful tension and use your body more efficiently? Try Alexander Technique! Certified Teacher and Craniosacral Therapist **Vincent Fraser** will come for individual lessons! For more info, booking, and price, contact him at (203) 570-2059 or vincent@vincentfraser.com

Hartford Guitar Studio

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Hartford, CT 06106

Vincent Fraser
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vincentfraser.com

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